## All-Inclusive Plan | Food \& Beverages

Drinks: Snack Bar (Day-time) and Pool Bar (Evening)

## Tea and Coffee

Filter Coffee
Alternative Coffee Options
Variety of Teas (Local Mountain Tea, Chamomile, Green Tea, Earl Grey etc.)

Juices

Orange
Lemonade
Apple
Tomato
Pineapple
Grapefruit
Pink Grapefruit
Sour Cherry
Ginger Ale

## Soft Drinks

Cola
Diet Cola
Sprite (Greek Alternative)
Soda Water
Mineral Water

Miscellaneous

Fruit Punch with Grenadine
Iced-tea
Shandy (Beer and Sprite/Lemonade Combo)
Draught Beer
House Wine

Aperitifs and Spirits

Ouzo
Raki
Gin
Vodka
Rum
Tequila
Whisky

Local Brandy

## Cocktails

Bloody Mary (Vodka, tomato juice and lemon)
Cuba Libre (Rum, cola and slice of lemon)
Gin Fizz (Gin, lemon juice and sugar)
Whiskey Sour (Whiskey, syrup, lime and bitters)
Tequila Sunrise (Tequila, orange juice and grenadine)
Paloma (Tequila, lemon and grapefruit juice mix)
Sex on the Beach (Vodka, orange, pineapple and cranberry juice mix and peach schnapps liqueur)
Breezer (Vodka, pineapple, sour cherry and lime)
Tutti Fruity (Vodka, pineapple, sour cherry and lime)
Mickey (Orange juice, sour cherry and coconut)
Pina Colada (Rum, coconut and pineapple juice)

Beach and Lobby Bar: Please note that these bars offer paid options that are not a part of the allinclusive plan. Table service is available at the Lobby Bar.

## Dining at our Main Restaurant:

Be adventurous during meal times. Try a variety of dishes and make the most of the bottomless buffet at our Main Restaurant. Breakfast, Lunch and Dinner are included in your package as well as a list of beverages and snacks at our Bars. *Please note that we also offer a Half-board option, which includes breakfast and a second meal of choice (between lunch and dinner).

## Our Main Restaurant

The Main Restaurant offers an enriched buffet service, including Breakfast, Lunch and Dinner. Each meal features a cold and hot section, live-cooking stations, meat carving or BBQ (for Lunch and Dinner), freshly-cut fruit and of course a mouth-watering selection of homemade desserts. The buffet menu proudly showcases authentic Greek and Cretan cuisine and also incorporates other international dishes. Moreover, themed dinners, such as 'Cretan Folklore Evening' and 'Aegean Seafood Night' take place weekly and are very popular amongst guests.

Our F\&B team continually refreshes the menu and is up-to-date with all the latest food trends. We have made sure to include:

- A specialized 'Healthy-Living' station with vegan and vegetarian-friendly options, gluten-free products and low-calory snacks
- A Cretan corner with a selection of local appetizers
- A kid's section offering fun and colourful treats for the little ones (available during school holidays only)

Operating Hours and Meals:
*Please inform the Front Desk at least one day in advance by 20:00

Breakfast Buffet from 07:30-10:30 including:

Continental breakfast buffet, Greek breakfast corner, fresh fruits, live-cooking stations with scrambled eggs, omelettes, waffles and pancakes as well as a selection of beverages (juices, selection of teas, coffee, hot chocolate, milk, non-dairy milk options)

## Lunch Buffet from 12:30-14:15 including:

Appetizers, a hot and cold buffet with Greek/Cretan dishes, live-grill station, indoor live cooking stations, salad bar, fresh fruits, ice-cream and dessert options as well as a selection of beverages (soft drinks, juices, wine and beer).

A Lunch Basket is available for collection for guests who wish to take food with them on a day out or excursion. Please request your basket at the Front Desk by 19:00, at least one day in advance.

## Dinner Buffet from 19:00-21:30 including

Appetizers, a hot and cold buffet with Greek/Cretan dishes, live-grill station, carving station, indoor live-cooking stations, salad bar, fresh fruits, ice-cream and desserts as well as a selection of beverages (soft drinks, juices, wine, beer and local welcome drinks)

Our Food \& Beverages team organizes Theme Nights weekly such as Cretan Folklore Evening, Aegean Sea Food Night and more!

## Meremeti| À la Carte Restaurant 1 (Operates 3 nights weekly)

All-Inclusive guests with stays of seven nights minimum, in the following room types: Junior Suite, Superior Sea View with Private Pool and Family Suite are eligible for one full-course meal per room at one of our À la Carte Restaurants:

Our À la Carte Restaurant, Meremeti, offers Mediterranean recipes with a gourmet twist. Enjoy a more intimate dining experience at Meremeti's sheltered terrace, overlooking the main pool area and beautiful sea. The candle-lit setting, comfortable furniture and wooden textures create a cozy and inviting ambience. Our attentive waiting staff will remain at your disposal throughout the evening and cater to your every need.

The menu includes delicious recipes inspired by Greece as well as other Mediterranean cuisines. Our Chef de partie prepares these dishes using the finest, locally-sourced products and is happy to accommodate any changes based on food intolerances or preferences.

## Furthermore:

- House wine and All-Inclusive soft drinks are freely available
- Please RSVP at least one night in advance until 20:00
- A Cocktail and Wine Menu are available at an additional cost

RESORT\& SPA

- Lobster Nights take place here weekly

Parasia | New À la Carte Restaurant 2:
Authentic Cretan Gastronomy Opening May 2022 (Operates 3 nights weekly - outside the allinclusive plan but offers affordable prices)

Our new à la carte restaurant boasts authentic Cretan cuisine in a unique setting, overlooking the peninsula's cliffs next to our salt-water pool. This restaurant will offer an especially unique culinary experience. Dishes will be prepared with fresh, local ingredients, slow cooked in a traditional woodfired oven.

Food at our Bars:

Snack Buffet at our Snack Bar:

Brunch: 10:30-12:00
Lunch: 12:00-15:00
Late Snacks (Tea): 15:00-17:00

## Pool Bar:

Crudités and appetizers: 18:30

We hope you have a wonderful Stay! To find out more about our All-Inclusive Plan, please visit the following webpage: peninsula.gr/all-inclusive/ - Do not hesitate to contact us for any further information.

